

Loudoun Gymnastics Class Schedule for Ages 6 and Up (Please call 703-444-9298 for class availability).

Rev. 4.8.08

Classes for Ages 6 and Up	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Birthday Parties at LGC! Tuesday & Thursday 12:00-1:30 Saturday 12:30-2:00, 2:00-3:30 3:30-5:00, 5:00-6:30 6:30-8:00 Sunday 11:30-1:00, 3:00-4:30 4:30-6:00
Girls Beginners 6 - 8 years old 60 minutes \$175 per 10 weeks	3:30-4:30pm 4:00-5:00pm 4:30-5:30pm 5:30-6:30pm 6:30-7:30pm	3:30-4:30pm 4:30-5:30pm 5:30-6:30pm 6:30-7:30pm	3:30-4:30pm 4:30-5:30pm 5:30-6:30pm 6:30-7:30pm	1:15-2:15pm 3:30-4:30pm 4:30-5:30pm 5:30-6:30pm 6:30-7:30pm	1:00-2:00pm 3:30-4:30pm 4:30-5:30pm 5:30-6:30pm 6:30-7:30pm	9:00-10:00am 9:30-10:30am 10:30-11:30am 11:00-12:00pm 12:00-1:00pm	
Girls Beginners Plus 9 years old & up 90 minutes \$256 per 10 weeks	6:30-8:00pm	5:30-7:00pm	5:30-7:00pm 7:00-8:30pm	6:30-7:30pm	7:00-8:30pm	11:30-1:00pm	
Girls Intermediate* 6 years old & up 90 minutes \$256 per 10 weeks	3:30-5:00pm 5:30-7:00pm 6:30-8:00pm	4:30-6:00pm 5:30-7:00pm 7:00-8:30pm	3:30-5:00pm 5:00-6:30pm 6:30-8:00pm	4:30-6:00pm 6:00-7:30pm 7:00-8:30pm	4:00-5:30pm 5:30-7:00pm 7:00-8:30pm	9:00-10:30am 11:30-1:00pm	
Girls Advanced* 6 years old & up 120 minutes \$285 per 10 weeks		6:30-8:30pm	4:30-6:30pm	4:30-6:30pm	3:30-5:30pm	9:00-11:00am	
Boys Beginners 6 - 8 years old 60 minutes \$175 per 10 weeks	4:30-5:30pm 5:30-6:30pm 6:30-7:30pm	4:30-5:30pm 5:30-6:30pm 7:00-8:00pm	4:30-5:30pm 5:30-6:30pm 6:30-7:30pm	4:30-5:30pm 6:30-7:30pm	3:30-4:30pm 4:30-5:30pm 6:30-7:30pm	10:00-11:00am 11:00-12:00pm	
Boys Beginners Plus 9 years old & up 90 minutes \$256 per 10 weeks	4:30-6:00pm		5:30-7:00pm	6:30-8:00pm		11:00am-12:30pm	
Boys Intermediate* 6 years old & up 90 minutes \$256 per 10 weeks	4:30-6:00pm	4:30-6:00pm 6:30-8:00pm	4:00-5:30pm 5:30-7:00pm	4:30-6:00pm	5:30-7:00pm	11:00am-12:30pm	
Boys Advanced* 6 years old & up 120 minutes \$285 per 10 weeks		4:30-6:30pm 6:30-8:30pm	4:30-6:30pm	5:30-7:30pm		11:00-1:00pm	
Cheer Tumbling Beginners 6 years old & up 60 minutes \$175 per 10 weeks	6:30-7:30pm	5:30-6:30pm	3:30-4:30pm	4:30-5:30pm		12:00-1:00pm	
Cheer Tumbling Intermediate/Advanced* 6 years old & up 60 minutes \$175 per 10 weeks		6:30-7:30pm	7:00-8:00pm	6:00-7:00pm		11:30-12:30pm	
Tumbling & Trampoline Beginners 6 years old & up 60 minutes \$175 per 10 weeks	3:30-4:30pm 4:30-5:30pm 5:30-6:30pm	4:30-5:30pm 7:00-8:00pm	3:30-4:30pm 4:30-5:30pm 5:30-6:30pm	4:30-5:30pm 6:30-7:30pm	3:30-4:30pm 4:30-5:30pm	10:00-11:00am	
Tumbling & Trampoline Int./Adv.* 6 years old & up 90 minutes \$256 per 10 weeks	5:30-7:00pm		6:30-8:00pm	7:00-8:30pm	5:30-7:00pm	9:00-10:30am	
Cartwheel Clinic 60 minutes \$175 per 10 weeks		3:30-4:30pm	5:30-6:30pm		3:30-4:30pm	9:00-10:00am	
Backhandspring Clinic 6 years old & up 60 minutes \$175 per 10 weeks	7:30-8:30pm		3:30-4:30pm 6:30-7:30pm	5:30-6:30pm	3:30-4:30pm 4:30-5:30pm	9:00-10:00am 10:00-11:00am	

Open Gymnastics

\$6 Members
\$8 Non Members

Thursday 10-11 AM
Sunday 1-2 PM
Sunday 2-3 PM

Ask about our half and full day SUMMER CAMP programs!

*Placement in these classes is by instructor recommendation only. Please call 703-444-9298 to schedule a skills test.